

## Activities to do **BEFORE** you listen to the podcast

**A** Do you understand the following words and expressions? Find them in a dictionary or translate them into your language.

ancestors	staggering	hooked into
lads	mind blowing	parachute
refugees	raging	to be in the same boat
novice	nomadic life	sitting ducks

## Activities to do **WHILE** you listen to the podcast

**B** Pick some words or expressions you like from the exercise above and write down how Ross uses them.

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## Activities to do **AFTER** you listen to the podcast

**C** Complete the sentences with information from the podcast.

- Ross has never tried \_\_\_\_\_.
- He said "hello everybody" in \_\_\_\_\_.
- He has been in Slovakia before but hasn't seen much yet. He wants to \_\_\_\_\_ a motorcycle or bicycle and drive around.
- He has no idea what is \_\_\_\_\_ but there are many things he'd like to do.
- Ross spends a lot of time in \_\_\_\_\_ because there he can do many of the sports and activities he likes.
- He recommends skydiving in \_\_\_\_\_ because it's easy and you'll have a blast.
- His first skydiving jump was in \_\_\_\_\_.
- He \_\_\_\_\_ the Giza Pyramids using a parachute.
- He decided to participate in a race in the \_\_\_\_\_ when he saw some information about it in a magazine on New Year's Eve.
- The temperature during the race was about \_\_\_\_\_.
- He \_\_\_\_\_ be a businessman (a merchant marine).
- Ross \_\_\_\_\_ his adventures on his own.

**KEY**

C: 1-bryndzove halusky, 2-Maori, 3-rent/hire, 4-around the corner, 5-the US, 6-tandem, 7-1981, 8-flew over, 9-magnetic North Pole, 10-minus 23/24 °C, 11-used to, 12-sponsors

